

## **After IV Sedation:**

1. Have your escort take you home and rest for the remainder of the day.
2. Have an adult stay with you until you are fully alert.
3. Do not perform any strenuous or hazardous activities and do not drive a motor vehicle for the rest of the day.
4. Do not eat a heavy meal immediately. If you are hungry, eat something light, e.g. liquids and toast.
5. If you experience nausea, lie down for a while or drink a glass of coke. If vomiting persists beyond 4 hours contact Dr. Porter.
6. Do not drink alcohol or take medications for the rest of the day unless you have contacted your dentist first.
7. If you have any unusual problems or questions call Dr. Porter.

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